



# Postnatal Depression Awareness Week

Funded By Metal Health Association NSW

## “ BEAT The BLUES”



Camden Community Connections (CCC) Invites you to join us during postnatal depression awareness week. CCC is hosting a free ‘**Information and seated massage session**’ with a gift pack giveaways for participants.

**Narellan Community Hall**

(Bright Stars Playgroup)

**Thursday 17th November 2011**

**10-12pm**

**Booking is Essential**

**Contact: 4647 1283**

